

Every Step Tells a Story



“From Steps to Science: Making Every Teen Move Count (Literally).”

Actigraph



Track Recovery Rates

Monitor patient recovery rates to understand treatment effectiveness.

EcoEmo App



Add Data Context

Monitor patient location, well being and ask questions about circumstances

EcoEmo First Use
(GPS, Survey elaboration)

Data collection + Simulation

Prototype Iteration

Project Understanding

Research Activity Concepts

First Prototype

Documentation

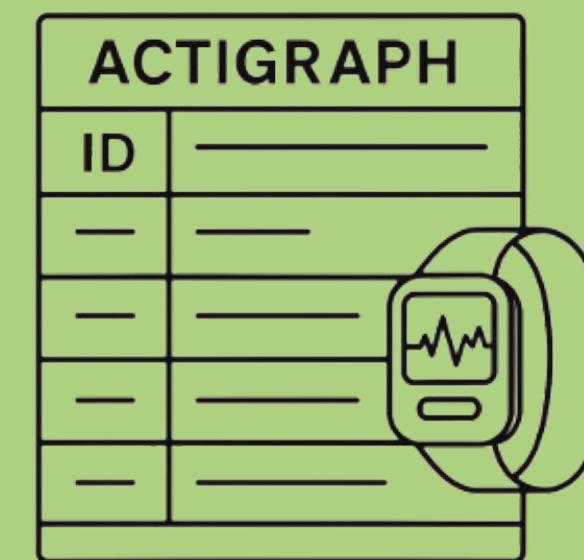
Problem

- Declining Physical Activity Among Adolescents
- Limited insight into the full 24-hour movement cycle
- Lack of contextual understanding
- The full workflow is not yet set up

Goal

- Useful insights and trend visualisation
- Proof of concept to validate feasibility
- Visualizing group patterns based on different attributes

Current results



PARTICIPANTS				
ID	Name	Email	Gen	Status
123456	—	♂	30-39	✓
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